

# Caritas

## Schools' Service

*...opening the door  
to learning*



## Sacred Heart RC Primary School Information for Parents/Carers

### What is the Caritas Schools' Service?

The Caritas Schools' Service work in schools to provide Social Work and Counselling services to children, young people and families to help with any difficulties they may be experiencing. This service should not be confused with Local Authority Social Work support or intervention - it is completely voluntary. The aim of the service is to help children, young people and families who need affirmation, support and resolution to the problems they face as they grow up.

### Meet Sacred Heart's Caritas worker:

The School Social Worker based in Sacred Heart is Jayne Scholes. Jayne has been a qualified Social Worker since 2007 and all of her experience relates to working with children and families.



### How does the service work?

Children are only referred to the School Social Worker with the full consent of their parents. We encourage parents to be involved with the support and believe that in working together we can achieve better outcomes for children.

### What does the work involve?

Work is tailored to meet the individual needs of the pupil or family through assessment and can support a number of issues which affect people. This may include:

Confidence & Self Esteem

Parenting Support

Bereavement

Difficulties with Friendships

Family Breakdown

Transition to High School

Support for Emotional Wellbeing

Behavioural Difficulties

Anxiety

Work can be completed on a 1:1 basis, in a group setting or with a family as a whole and addresses the individual needs.

### How do I speak to the Caritas worker?

School will make a referral to Jayne for you. Jayne is available in school every Tuesday should you wish to speak with her for advice, guidance or support.

You can also contact Jayne by phone on 07572 421 062 or by email on [j.scholes@caritassalford.org.uk](mailto:j.scholes@caritassalford.org.uk)