## COVID-19 (coronavirus) absence: A quick guide for parents / carers



What to do if	Action needed	Back to school
my child has COVID- 19 (coronavirus) symptoms*	<ul> <li>Child shouldn't attend school</li> <li>Child should get a test</li> <li>Whole household self-isolates while waiting for test result</li> <li>Inform school immediately about test results</li> </ul>	when child's test comes back negative and symptom free for 48 hours
my child tests positive for COVID-19 (coronavirus)	<ul> <li>Child shouldn't attend school</li> <li>Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms)</li> <li>Inform school immediately about test results</li> <li>Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li> </ul>	when child feels better, and has been without a fever for at least 48 hours  They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.
somebody in my household has COVID- 19 (coronavirus) symptoms*	<ul> <li>Child shouldn't attend school</li> <li>Household member with symptoms should get a test</li> <li>Whole household self-isolates while waiting for test result</li> <li>Inform school immediately about test results</li> </ul>	when household member test is negative, and child does not have COVID-19 symptoms*
somebody in my household has tested positive for COVID-19 (coronavirus)	<ul> <li>Child shouldn't attend school</li> <li>Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li> </ul>	when child has completed 14 days of self-isolation, even if they test negative during the 14 days

<sup>\*</sup> Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste. See more at:

## What to do if... **Action needed** Back to school... Child shouldn't attend school ...NHS Test ...when the child has completed 14 days of and Trace Child self-isolates for 14 days self-isolation, even if (as advised by NHS Test and has they test negative Trace) – even if they test identified my during those 14 days negative during those 14 days child as a 'close contact' of somebody Rest of household does not need to self-isolate, unless with symptoms\* or they are a 'close contact' too confirmed COVID-19 (coronavirus) Do not take unauthorised ...when the ...we / my leave in term time quarantine period of child has 14 days has been travelled and Consider quarantine completed for the requirements and FCO advice has to selfchild, even if they test when booking travel isolate as part of a negative during those period of quarantine Provide information to school 14 days as per attendance policy Returning from a destination where quarantine is needed: Child shouldn't attend school Whole household self-isolates for 14 days – even if they test negative during those 14 days Child shouldn't attend school ...we have ...when school / other agencies inform you received Contact school as advised by that restrictions have advice from a attendance officer / pastoral been lifted and your team medical / child can return to official source that Child should shield until you school again are informed that restrictions my child must are lifted and shielding is

For further information: gmhscp.contacttracing@nhs.net gov.uk/backtoschool

paused again

resume shielding